

The Roller Coaster of Distractions

09.2.07

WELCOME - ICE BREAKER:

Describe a time, after you were saved, when you felt the furthest or closest to God.

Important Note: *Not all questions have to be asked and not everyone has to answer every question asked.*

WORSHIP - OPENING PRAYER and PREPARATION

Psalm 119:25-40

Spend some time in prayer thanking, praising, and adoring God.

WORD

Psalm 13:1-5, Deut. 31:8, James 4:8a

Important Note: *Not all questions have to be asked and not everyone has to answer every question asked.*

1. When was the last time your faith was on the low swing of the “Roller Coaster”?
2. When you felt distant from God, what were some of the feelings you were facing? What was going on around you?
3. Was there one event, or a series of events that seemed to create distance between you and the Father?
4. What was your prayer life like during that period? What was your Bible study like? Did you reach out to your accountability partners? Do you have accountability partners you can go to? If not, why not?
5. What are some of the distractions or pursuits that are currently competing for your focus and attention?
6. How recently have you felt a powerful closeness to God?
7. What was your prayer life like during that period? What was your Bible study like? Did others help foster that closeness?
8. How did this overflow into your mentoring/discipling relationships?
9. Is closeness to God about feelings or focus?

WORSHIP - PRAYER

Take request and pray.