

WELCOME - ICE BREAKER:

How often do people tell you “Don’t be angry”? Are they telling you that because they’ve usually done you wrong or because you have a knack for being angry all the time?

WORSHIP - OPENING PRAYER and PREPARATION

Read Psalm 4 together and spend some time in prayer thanking, praising, and adoring God.

WORD

Exodus 32

***Important Note:** Not all questions have to be asked and not everyone has to answer every question asked.*

Questions for Home Group Leaders
Read Exodus 32

Insights into the passage/ Group leader Questions:

Moses faces a difficult situation in this passage. It was immensely difficult for him to balance patience and anger as he saw all God had done falling apart because of the unfaithfulness of the Israelites.

Keys to Establishing Patience in the Face of Anger

Resolve not to get angry

1. Would you describe Moses as angry in verses 32:19-29? Could he be seen in any other light?

Realize the cost of unmanaged anger

2. Had Moses really lost it, what could it have cost him? What could it have cost the Israelites?

Refuse to retaliate

3. Look back through verses 19-29, was Moses retaliating personally or measuring out God’s punishment? Do you retaliate by hurting others with your anger, or respond in ways that God sees as appropriate?

Renew your mind

4. (Read verses 32:30-31) Where did Moses’ mind and heart go when faced with one of his greatest challenges? At your most honest, where does your mind and heart go when you are angriest?

Receive by faith the power of God's help

5. Moses made a self sacrificing plea to God on behalf of a people who betrayed both God and their leader. Read verse 34. What command did God give Moses? In his place would you have had the faith to resume leading? Do you trust God enough allow him to lead you from a position of weakness (selfish anger) to a position power (patience) with His help?
6. When faced with real anger, how will you resolve to not give in to it?
7. How can you practically stop and weigh the cost of unmanaged anger? Who in your small group will you trust enough to keep you accountable?
8. What will you do instead of retaliating next time you become angry? (Remember guys, Pastor Greg says, "Failure to plan is a plan for failure")
9. List 2 things you will do to renew your mind when faced with growing anger?
10. What is the biggest obstacle you face when trying to receive the power of God's help?